

# MONEY MANAGEMENT PROGRAM

Need help with organizing and paying your monthly bills?

Spectrum Generations can help with:

- Sorting your mail and organizing your bills for payment
- Balancing your checkbook
- Setting up a list of monthly income and expenses
- Writing checks

For more information, call:

Spectrum Generations  
**207-729-0475**

For Adults 60 years of age and older  
Clients must have limited income and assets



Maine Health and Human Services  
**Office of Elder Services**

Money Management Program  
VOLUNTEERS PROMOTING INDEPENDENCE

