



WALDO CENTER HAPPENINGS

Answers

Maine Property Tax and Rent Refund Program

August is the month that the Maine Property Tax and Rent Refund for taxes assessed in 2009. Applications are available to all Maine Residents. Income limits to file for the General program are: \$64,950 for a single person and \$86,600 for a married couple. Income limits for the Senior program are: \$14,700 for a single person and 18,200 for a married couple. Seniors are processed under both program criteria and will receive the larger refund of the two. Refunds may be as much as \$400 for the Senior program and \$1,600 for the General program.

If you have filed in the past, then you should automatically receive a new application in the mail during the month of August. Applications may also be filed online after August 1st, 2010 at: <http://www.maine.gov/revenue/homepage.html>

Spectrum Generations will provide individual appointments to assist with the 2010 Maine Property Tax and Rent Refund application at all of our community centers. Please call for an appointment. Tax and Rent clinics will be held at the Waldo Center in Belfast on August 5, 11, and 17th. Please call 338-1190 for an appointment.

August 2010

Senior Day

Spectrum Generations Waldo Center will be hosting Senior Day on August 4th from 9:00 AM to 3:00 PM at the Belfast Tarratine Tribe #13 I.O.R.M.

This year's event will include Healthy Waldo, Maine Department of Human Services, Waldo County TRIAD, Glenn Shelton from Maine Center on Deafness and New Hope for Woman.

Lunch will be provided at noon time with entertainment by the Belfast Fiddlers.

Call us for more information on this fun filled day!

Waldo Community Center
18 Merriam Road
Belfast, ME 04915

Consumer Helpline:
1-800-639-1553
(TTY) 1-800-464-8703
(Local) 207-338-1190
www.spectrumgenerations.org

Caring

Bridges Home Care Options

Bridges, a member of the Spectrum Generations family of services, is our option for care at home. Bridges offers the expertise you've come to expect from Spectrum Generations, whether it is in-home caregivers of personal hygiene or household chores, living arrangement and safety assessments, or emergency response units.

Our bonded, certified, and screened caregivers assist with personal hygiene, household cleaning, meal preparations, grocery shopping, transportation, companionship, respite, or overnight care. Additionally Bridges offers "Bridges to Home" for those with procedural exams or day surgeries.

Our nationally certified care manager offers assessments of living arrangements, finds live-in caregivers, helps coordinate moves, relays important information to family who cannot be present, assesses safety risks within a home and makes recommendations.

Emergency response systems are provided through reliable carriers and allow the comfort of knowing help is just the push of a button away. Whatever your home based needs are, Bridges is just a phone call away at 800-876-9212.

Upcoming Trips

10-Night Panama Canal Cruise



Experience the excitement of the Panama Canal aboard the "Coral Princess" with Princess Cruise Lines. Trip departs from Ft. Lauderdale, FL on **November 5, 2010**. Ports of call include Aruba, Cartagena, Panama, Costa Rica and Ocho Rios. Pricing starts at \$1,293 per person based on double occupancy. A deposit as low as \$100 due at time of registration. Final payment due August 8, 2010. Price does not include airfare. Call **Cruise Planners** at **1-877-473-2386** for full details and to register.

Shades of Ireland

Travel with Collette Vacations on **Oct. 26 to Nov. 4**. Experience Dublin, Kilkenny, Blarney Castle, Cliffs of Moher, Galway Castle and more. Pricing starting at \$2,499. Please call us for more information.

All trips require reservations. Stop by or call 338-1190 for full details.

Southern Charm, Canyon Country or The Passion Play in Bavaria

Southern Charm features 7 days with 10 meals, starting at \$1,199. *Canyon Country* features 9 days with 12 meals, starting at \$1,799. *The Oberammergau's Passion Play* offers several options including 8 to 10 days, meals and visit Bavaria, Switzerland & Austria.

Enchanting Danube: Budapest to Passau - 9 Days



Imagine 7-nights on the ship "River Beatrice" discovering the best of Old World Europe! Highlights include 7-night cruise all meals onboard, complimentary beverages, 6 English speaking hosted shore excursions, complimentary use of bicycles, the captain's welcome and farewell dinners and more!

Oct. 30, 2010. Rates start at \$1,849. Early booking discounts available. Stop by for a flyer or call Walter Guptill at **Cruise Planners** at **1-877-473-2386** for details and to book your trip.

Living

Spectrum Generation's Family of Community Centers

Have you had a chance to meet some of our family members yet? In addition to the Waldo Center, we have six other sites conveniently located throughout our 6 county area. Each center is unique reflecting local interests and cultures yet all will help you age well and connect you to new friends and adventures. Take a road trip today and visit one of our other great centers in Waterville, Skowhegan, Hallowell, Damariscotta, Topsham, and Rockland. And visit www.spectrumgenerations.org for a calendar of center events and directions to each location.

Caring

Veteran's Services

Are you entitled to more military services and benefits? Do you have questions about veterans pensions, small business loans, educational benefits, service connected disabilities or other benefits you maybe entitled to. Conrad Edwards, Veteran's Advocate, will be available to help you on Wednesday, August 4, by appointment from 9:00 to 12:00 noon and from 12:30 to 2:00. Please bring your military documents with you.