



## Maine SAVVY CAREGIVER Training Schedule



(update July 7, 2010)

Maine SAVVY CAREGIVER Training, sponsored by the Office of Elder Services, Department of Health and Human Services and funded by the Administration on Aging, provides family caregivers of people with dementia the knowledge, skills and attitude essential for successful caregiving. Participation in the 12-hour training that is provided in 6 sessions includes participation in a research project to evaluate the effectiveness of this program. You will be asked to complete surveys. For more information, contact Jan Halloran at (207) 287-9233 or at Jan.Halloran@maine.gov.

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>A.</b>	<b>Southern Maine (Southern Maine Agency on Aging (trainings))</b>	
<b>1.</b>	Southern Maine Agency on Aging 136 U.S. Route 1 <b>Scarborough, ME</b> 04074 Trainers: Ann O’Sullivan and Kate Dulac Contact: Ann O’Sullivan 1-800-427-7411 x541	July 16, 23, 30 and August 6, 13 & 20, 2010 (Fridays) 9:30 a.m. – 11:30 a.m.
<b>2.</b>	Bridgton Community Center 15 Depot St. <b>Bridgton, ME</b> 04009 Trainer: Ann O’Sullivan Contact: Ann O’Sullivan 1-800-427-7411 x541	September 8, 15, 22, 29 and October 6 & 13, 2010 (Wednesdays) 3:00 p.m. – 5:00 p.m.
<b>3.</b>	St. Bartholomew’s Church 396 Gilman Rd. <b>Yarmouth, ME</b> 04096 Trainer: Darlene Field Contact: Ann O’Sullivan 1-800-427-7411 x541	September 14, 21, 28 and October 5, 12 & 19, 2010 (Tuesdays) 1:00 p.m. – 3:00 p.m.
<b>4.</b>	First Congregational Church 301 Cottage Rd. <b>South Portland, ME</b> 04106 Trainer: Liz Weaver Contact: Ann O’Sullivan 1-800-427-7411 x541	September 14, 21, 28 and October 5, 12 & 19, 2010 (Tuesdays) 6:30 p.m. – 8:30 p.m.
<b>5.</b>	Bonny Eagle Adult Education (location to be determined)  <b>Bar Mills, ME</b> 04004 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x558	September 23, 30 and October 7, 14, 21 & 28, 2010 (Thursdays)
<b>6.</b>	Crossroads United Methodist Church 16 Grammar Rd. <b>Sanford, ME</b> 04073 Trainer: Ann O’Sullivan Contact: Ann O’Sullivan 1-800-427-7411 x541	October, 26 and November 2, 9, 16, 23 & 30, 2010 (Tuesdays) 3:30 p.m. – 5:30 p.m.
<b>B.</b>	<b>Central Maine (Spectrum Generations trainings)</b>	
<b>1.</b>	Spectrum Generations Cohen Center 22 Town Farm Road <b>Hallowell, ME</b> 04347 Trainers: Jan Halloran, Rebecca Reynolds, and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127	August 5, 12, 19, 26 and September 2 and 9, 2010 (Thursdays) 1:30 p.m. until 3:30 p.m.

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
2.	Spectrum Generations Coastal Center 521 Main Street <b>Damariscotta</b> , ME 04543 Trainer's: Vanessa Broga, Rebecca Reynolds and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127 or Vanessa ext. 139	October 13, 20, 27 and November 3, 10 & 17, 2010 (Wednesdays) 10:00 a.m. until Noon
*3.	Department of Health and Human Services 442 Civic Center Drive <b>Augusta</b> , ME 04333-0011 Trainer: Bonnie Tracy Contact: Bonnie Tracy 287-9352	October 15, 22, 29 and November 5, 12 & 19, 2010 (Fridays) 12:00 (noon) until 2:00 p.m.
4.	Knox Center for Long Term Care <b>Rockland</b> , ME 04841 Trainer's: Vanessa Broga, Rebecca Reynolds and Leslie Bray Contact: Rebecca at 1-800-282-0764 ext. 127 or Vanessa ext. 139	October 18, 25 and November 1, 8, 15 & 22, 2010 (Mondays) 1:00 p.m. until 3:00 p.m.
*5.	Department of Health and Human Services 98 North Avenue <b>Skowhegan</b> , ME 04976 Trainer: Bonnie Tracy Contact: Bonnie Tracy 287-9352	February 9, 16, 23 and March 2, 9 & 16, 2011 (Wednesdays) 12:00 (noon) until 2:00 p.m.
<b>C.</b>	<b>Eastern Maine (Alzheimer's Association trainings)</b>	
1.	Downeast Community Hospital 11 Hospital Way <b>Machias</b> , ME 04654 Trainer: Kathryn Pears and Joy Heptner Contact: Cindy Beck 1-800-272-3900	August 9, 16, 23, 30 and September 13 & 20, 2010 (Mondays) 1:00 p.m. until 3:00 p.m.
2.	Thompson Library 186 East Main Street <b>Dover-Foxcroft</b> , ME 04426 Trainer: Brenda Hamilton Contact: Cindy Beck 1-800-272-3900	August 10, 17, 24, 31 and September 14 & 21, 2010 (Tuesdays) 1:00 p.m. until 3:00 p.m.
3.	Greenville Town Office 7 Minden St. <b>Greenville</b> , ME 04441 Trainer: Brenda Hamilton Contact: Cindy Beck: 1-800-272-3900	August 10, 17, 24, 31 and September 14 & 21, 2010 (Tuesdays) 9:00 a.m. until 11:00 a.m.
<b>D.</b>	<b>Western Maine (Alzheimer's Association Training)</b>	
1.	Carrabassett Valley Library Community Room 3209 Carrabassett Drive <b>Carrabassett Valley</b> , ME 04947 Trainer: Kathryn Pears and Ann Quinlan Contact: Cindy Beck 1-800-272-3900	July 16, 23, 30 and August 6 & 13 & 20, 2010 (Fridays) 9:00 a.m. until 11:00 a.m.
2.	Durham Town Offices 630 Hallowell Road <b>Durham</b> , ME 04222 Trainer: Brenda Hamilton Contact: Cindy Beck 1-800-272-3900	July 13, 20, 27 and August 3, 10, 17 (Tuesdays) 9:00 a.m. until 11:00 a.m.
<b>E.</b>	<b>Northern Maine (Aroostook Agency on Aging trainings)</b>	
1.	Ashland Recreational/Senior Center Rt. 11 Station Street <b>Ashland</b> , ME 04732 Contact: Sharon Berz 1-800-439-1789	June 2, 9, 16, 23, 30 and July 7 & 14, 2010 (Thursdays) 1:30 p.m. until 3:30 p.m.

	<b>TRAINING SITES and CONTACT INFORMATION</b>	<b>TRAINING DATES and TIMES</b>
<b>*2.</b>	Caribou Gardens Housing Project 166 Sweden St. (near Court House) <b><u>Re-scheduled from May 7th</u></b> <b><u>Caribou</u></b> , ME 04736 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439-1789	July 6, 13, 29, 27 and August 3, & 10, 2010 (Tuesdays) 1:00 p.m. until 3:00 p.m.
<b>*3.</b>	Pernham Baptist Church 681 Pernham Rd. <b><u>Pernham</u></b> , ME 04766 Trainer: Charlie Stewart Contact: Sharon Berz 1-800-439-1789	July 6, 13, 29, 27 and August 3 & 10, 2010 (Tuesdays) 1:00 p.m. until 3:00 p.m.
<b>*4.</b>	Department of Health and Human Services 20 Skyway Drive <b><u>Caribou</u></b> , ME 04736 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439-1789	August 5, 12, 19, 26 and September 2 & 9, 2010 (Mondays) 12:00 (noon) until 2:00 p.m.
<b>*5.</b>	Department of Health and Human Services 11 High Street <b><u>Houlton</u></b> , ME 04730 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439-1789	August 17, 24, 31 and September 7, 14 & 21, 2010 (Tuesdays) 12:00 (noon) until 2:00 p.m.
<b>*6.</b>	Department of Health and Human Services 137 Market Street <b><u>Fort Kent</u></b> , ME 04743 Trainer: Charlie Stewart Contact: Sharon Berz 1-800-439-1789	September 10, 17, 24 and October 1, 15, 22, 2010 (Fridays) 12:00 (noon) until 2:00 p.m.