



Maine SAVVY CAREGIVER Training Schedule

(updated May 8, 2009)



Maine SAVVY CAREGIVER Training, sponsored by the Office of Elder Services, Department of Health and Human Services and funded by the Administration on Aging, provides family caregivers of people with dementia the knowledge, skills and attitude essential for successful caregiving. Participation in the 12-hour training that is provided in 6 sessions includes participation in a research project to evaluate the effectiveness of this program. You will be asked to complete surveys. For more information, contact Jan Halloran at (207) 287-9233 or at Jan.Halloran@maine.gov.

	TRAINING SITES and CONTACT INFORMATION	TRAINING DATES and TIMES
A.	Southern Maine (Southern Maine Agency on Aging trainings)	
1.	Norway Savings Bank 1 Harrison Rd. Bridgton , ME 04009 Trainer: Ann O'Sullivan Contact: Ann – 1800-427-7411 x541	April 30, May 7, 14, 21 28, and June 4, 2009 (Thursdays) 1:30 p.m. until 3:30 p.m.
2.	Southern Maine Agency on Aging 136 U.S. Route One Scarborough , ME 04074 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x 541	May 19, 26, and June 2, 9, 16, 23, 2009 (Tuesdays) 3:00 p.m. until 5:00 p.m.
3.	Windham Adult Education 406 Gray Rd. Windham , ME 04062 Trainer: Kate Dulac Contact: Kate Dulac 1-800-427-7411 x 541	September 16, 23, 30 and October 7, 14, 21, 2009 (Wednesdays) 6:00 p.m. until 8:00 p.m.
B.	Central Maine (Spectrum Generations trainings)	
2.	Spectrum Generations Cohen Center 22 Town Farm Road Hallowell , ME Trainer: Vanessa Broga Contact: Vanessa Broga 1-800-282-0764	April 15, 22, 29 and May 6, 13 and 20, 2009 (Wednesday) 10:00 a.m. until noon
3.	Community Health Division Office 124 Connors Avenue Pittsfield , ME 04967 Trainer: Vanessa Broga Contact: Vanessa- 1-800-282-0764 ext. 139	June 9, 16, 23, 30, July 7, 14 (Tuesdays) 10:00 a.m. until noon
4.	Federated Church 13 Island Avenue Skowhegan , Maine 04976 Trainer: Vanessa Broga Contact: Vanessa- 1-800-282-0764 ext. 139	July 29, August 5, 12, 19, 26 September 2 (Wednesdays) 10:00 a.m. until noon
5.	Knox Center for Long Term Care 6 White St. Rockland , ME 04841 Trainer: Vanessa Contact: Vanessa 1-800-282-0764 ext. 139	September 14, 21, 28 and October 5, 19, 26, 2009 (Mondays) 1:00 p.m. until 3:00 p.m.

	TRAINING SITES and CONTACT INFORMATION	TRAINING DATES and TIMES
C.	Eastern Maine (Alzheimer's Association trainings)	
1.	Dirigo Pines 9 Alumni Dr. Orono , ME 04473 Trainer: Liz Weaver & Kathryn Pears Contact: Liz Weaver 1-800-272-3900	March 31, April 7, 14, 21, 28 and May 6, 2009 (Tuesdays) 10:00 a.m. until noon
2.	Dirigo Pines 9 Alumni Dr. Orono , ME 04473 Trainer: Liz Weaver & Kathryn Pears Contact: Liz Weaver 1-800-272-3900	March 31, April 7, 14, 21, 28 and May 6, 2009 (Tuesdays) 6:00 p.m. until 8:00 p.m.
3.	Friendship Cottage 118 Ellsworth Rd. Blue Hill , Me 14614 Trainer: Kathy Pears Contact: Kathy Pears 1-800-272-3900	May 27, June 3,10, 17, 24 and July 1 2:00 p.m. until 4:00 p.m. (Wednesdays)
4.	First Congregational Church 31 Elm Street Bucksport , ME 04416 Trainer: Kathy Pears Contact: Kathy Pears 1-800-272-3900	May 28, June 4, 11, 18, 25, and July 2 9 a.m. until 11 a.m. (Thursdays)
5.	Ellsworth City Hall 1 City Hall Plaza 2 nd Floor Auditorium Ellsworth , ME 04605 Trainer: Joy Heptner Contact: Joy Heptner 1-800-272-3900	August 12, 19, 26, and September 2, 16, 23, 2009 2:00 p.m. until 4:00 p.m. (Wednesdays)
6.	Northeast Harbor Library 1 Joy Rd. Northeast Harbor , ME 04662 Trainer: Joy Heptner Contact: Joy Heptner 1-800-272-3900	August 13, 20, 27 and September 3, 17, 24, 2009 2:00 p.m. until 4:00 p.m. (Thursdays)
D.	Western Maine (Alzheimer's Association trainings)	
E.	Northern Maine (Aroostook Agency on Aging trainings)	
1.	Ashland Recreational Center Ashland , ME 04732 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439-1789	May 6, 13, 20, 27 and June, 3, 10, 2009 (Wednesdays) 1:00 p.m. until 3:00 p.m.
2.	Aroostook Agency on Aging (Location to Be Announced) Caribou , ME 04736 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439=1789	May 11, 18 and June 1, 8, 15, 22, 2009 (Mondays) 1:00 p.m. until 3:00 p.m.
3.	Presque Isle Chamber of Commerce Main St. Presque Isle , ME 04769 Trainer: Sharon Berz Contact: Sharon Berz 1-800-439-1789	June 1, 8, 15, 22, 29 and July 6, 2009 (Mondays) 1:30 p.m. until 3:30 p.m.
4.	Houlton Regional Hospital 20 Hartford St. Houlton , ME 04730 Trainer: Sharon Berz Contact Sharon Berz 1-800-439-1789	July 13, 20, 27 and August 3, 10, 17, 2009 (Mondays) 10:00 a.m. until noon

