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A Community Report of Spectrum Generations, The Central Maine Area Agency on Aging **Fiscal Year 2010**



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life-long learning, health, wellness, nutrition, community engagement and social well-being of older adults.

> **Fiscal Year 2010 BOARD OF DIRECTORS**

2010 Highlights

For 39 years Spectrum Generations has been a trusted resource and advocate for older adults and their families. With the recession upon us, scarce dollars and even greater needs, we had significant success in raising needed dollars to improve our community service centers.

We opened our new Southern Midcoast Community Center in Topsham to better serve its area communities. Coastal Community Center in Damariscotta received an extensive facelift allowing us to expand our educational forums and activities.

Additionally, we acquired property in order to expand much needed parking for our Muskie Community Center visitors in Waterville.

People Impact

- We prepared and delivered nearly 200,000 Meals on Wheels to over 1,500 homebound seniors and disabled adults.
- We provided much needed help to more than 1,000 individuals dealing with dementia and disabilities.
- 41,000 group dining meals were served.
- Our trained staff responded to nearly 10,000 requests for help on issues such as Medicare, insurance, prescription drugs, reverse mortgages and money management services.
- We expanded our Living Well program into all 6 counties.

Economic Impact

- We reinvested \$6,445,000 into 6 counties in central Maine.
- We expended \$2,266,000 with Maine businesses.
- We coordinated a volunteer labor force of 636 men and women who donated 34.656 hours of service at a value determined by the IRS of \$701,784.

A Consumer-Driven Future

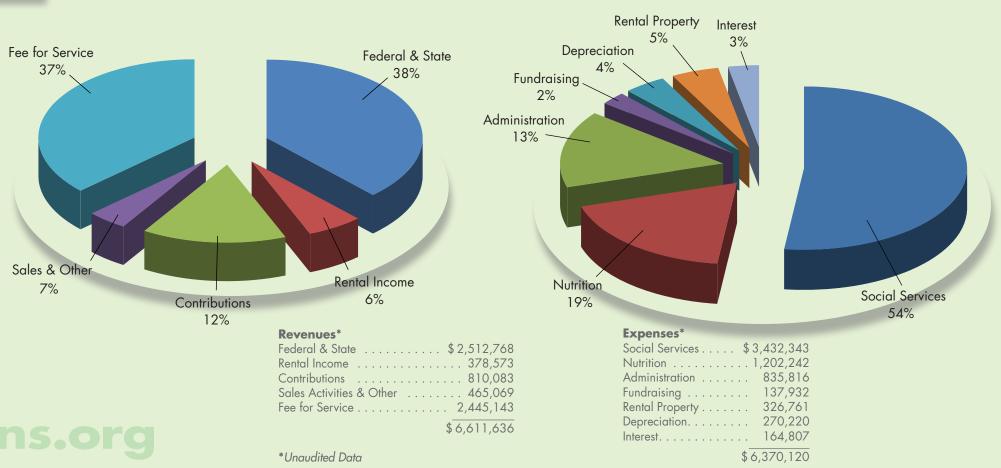
A new direction from the Administration on Aging has guided the Area Agencies on Aging on a clear path for changing the way our aging and disabled consumers will access services. Our role will be to guide and support those choices. In this proposed new initiative consumers will assume a much larger role in deciding what services they will need to stay independent.

> We will continue to engage in proven models to help older adults live their best lives possible including our expanding Living Well and Matter of Balance classes. And we'll guide Maine's growing Baby Boomer and senior population on the new Healthcare Reform legislation.

We'll continue to look for ways to offer more options for seniors to remain independent and in their homes. With an engaged and forward-thinking Board of Directors, talented and dedicated staff and volunteers, we are confident we will succeed.

Will Brinegar, Board Chair

The Financial Picture: Revenues & Expenses in Fiscal Year 2010





Muriel Scott, President/CEO