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A Community Report of **Spectrum Generations**

The Central Maine Area Agency on Aging

Fiscal Year 2011

spectrum



Promoting life-long learning, health, wellness, nutrition, community engagement and social well-being of all older and disabled adults.

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2011 HIGHLIGHTS

With dedication and energy, **Spectrum Generations** was able to successfully navigate through a challenging year. In spite of a stalled economy we found opportunities to improve, expand, and enhance our services to older and disabled adults.

Thanks to public trust and support, a much needed parking lot was constructed at our Muskie Community Center in Waterville. This, with an upgraded rear entry area, allows safer and more convenient access for our many visitors.

Partnering with Miles Hospital in Lincoln County, we launched Care Transitions using our combined resources and expertise to support patients and caregivers as they return home. This cutting edge partnership between **Spectrum Generations** and medical providers is a model for the future, designed to lessen hospital readmissions.

2011 was also an award winning year for us. **We Sustain Maine**, our innovative senior nutrition program, won a major national grant allowing us to provide healthier more nutritious meals using food products from Maine farms.



Friends and neighbors know us by many names (Meals on

Wheels, Adult DayBreak, Family Caregivers, Medicare and Insurance Counselors, and Bridges Help at Home, to name a few) but one name says it all: **SPECTRUM GENERATIONS**. With seven community centers scattered throughout central Maine we are your one-stop resource for answers on aging and disability issues, as well as socialization, lifelong learning, and healthy living.



People Impact

- We prepared and delivered 196,273 Meals on Wheels to 1,667 homebound seniors and disabled adults.
- We provided much needed assistance and support to 722 individuals dealing with the challenges of dementia and disabilities.
- 69,558 community dining meals were served.
- Our professionally trained staff responded to 9,258 requests for help with Medicare, insurance, prescription drugs, reverse mortgages, money management and other topics of importance.
- 66,495 hours of personal care delivered at home.

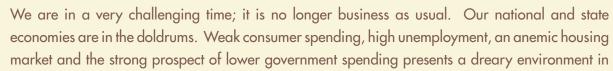
Economic Impact

- We reinvested \$6,244,300 into six counties in central Maine.
- We expended \$2,295,300 with Maine businesses.
- We coordinated a volunteer labor force of over 717 men and women who generously donated 40,655 hours of service at a value determined by the IRS of \$868,390.

A CONSUMER-DRIVEN FUTURE

As I sit at my computer and begin to put words to paper, my thoughts cannot but wander to the inspirational leader who occupied this desk and chair just a few short months ago. On August 14, 2011, Spectrum Generations'

President and CEO, Muriel Scott, lost her battle with cancer. During her 35 years with this agency, she exemplified this agency's passion and compassion in promoting life-long learning, health, wellness, nutrition, community engagement and social well-being of older and disabled adults. Her record of leading Spectrum Generations through some of the most amazing accomplishments is very inspiring to me as the new President and CEO. I feel privileged to be the new leader of this dedicated and mission driven staff. I hope I can live up to Muriel's legacy.



which to perform our mission. But it is during such times as these when people, especially elder and disabled adults and those who care for them, are vulnerable and need our assistance the most. I want to assure you that Spectrum Generations will be there to answer the call; providing hope, compassion, and comfort to our consumers.

In my too few conversations with Muriel, she emphasized the need to develop a future vision for Spectrum Generations, taking into account the changing dynamics of how area agencies on aging will serve older and disabled people in the community. To that end, the Board of Directors, the senior staff, and managers are currently in the process of developing a new strategic plan. In addition to specific goals and objectives, this plan will include a common vision and identify our core values, becoming our blueprint for the next 3 to 5 years. Its goal is to lay down a foundation that will enable us, together as a community, to accomplish great things on behalf of older and disabled adults in Central Maine. I thank you for your continued support.



Gerard Queally President/CFO

The Financial Picture: Revenues & Expenses in Fiscal Year 2011



Muriel Scott

Expenses*							
Social Services						\$	3,217,979
Nutrition							1,318,271
Administration							
Fundraising							
Rental Property							
Depreciation							
Interest							. 166,207

\$ 6.204.376

