



Cohen Community Center

DINING MENU

January 2024

Lunch is offered to the public 11:00 a.m. to 12:30 p.m. Monday through Friday

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>2</p> <p>Chicken Cordon Bleu Potatoes Seasonal Vegetables Paul & Theresa</p>	<p>3</p> <p>Beef Stroganoff Noodles Seasonal Vegetables</p>	<p>4</p> <p>Chicken Cacciatore Rice Seasonal Vegetables The Country Gentlemen</p>	<p>5</p> <p>Fish Filet Au Gratin Potatoes Seasonal Vegetables</p>
<p>8</p> <p>Spaghetti & Meatballs Seasonal Vegetables</p>	<p>9</p> <p>Chicken & Vegetable Stir-Fri Rice</p>	<p>10</p> <p>Shepard's Pie Seasonal Vegetables</p>	<p>11</p> <p>Roast Pork Scalloped Potatoes Seasonal Vegetables</p>	<p>12</p> <p>Beef Franks Baked Beans Seasonal Vegetables</p>
<p>15</p> <p>Chicken Alfredo Pasta Seasonal Vegetables</p>	<p>16</p> <p>Chicken Pot Pie Biscuits Seasonal Vegetables Paul & Theresa</p>	<p>17</p> <p>Beef Patty w/ Gravy Rice Pilaf Seasonal Vegetables</p>	<p>18</p> <p>Sweet Potato & Ground Turkey Chili Seasonal Vegetables The Country Gentlemen</p>	<p>19</p> <p>American Chop Suey Seasonal Vegetables</p>
<p>22</p> <p>Breaded Pork Patty Potatoes Seasonal Vegetables</p>	<p>23</p> <p>Creamy Chicken Rice Seasonal Vegetables</p>	<p>24</p> <p>Stuffed Pepper Casserole Seasonal Vegetables</p>	<p>25</p> <p>Roast Turkey Mashed Potatoes Seasonal Vegetables</p>	<p>26</p> <p>Fish Filet Au Gratin Potatoes Seasonal Vegetables</p>
<p>29</p> <p>Mac & Cheese w/ Ham Seasonal Vegetables</p>	<p>30</p> <p>Baked Chicken Rice Seasonal Vegetables Paul & Theresa</p>	<p>31</p> <p>Cheese Omelet w/ Ham Seasonal Vegetables</p>		<p>All meals are served with</p> <ul style="list-style-type: none"> ● soup de jour ● garden salad ● fruit cup ● bread and butter ● milk, coffee & water

Monday through Friday Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).



Cohen Community Center

ACTIVITIES

January 2024

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	12:30 p.m.	Cribbage	\$3 per person
	12:30 p.m.	Mahjong	\$3 per person
Tuesdays	9 a.m.	Rug Hookers	\$3 per person
	9 a.m.	Wood Carvers	\$3 per person
	1 p.m.	Knitters	\$3 per person
	January 9, Noon	Family Caregiver Support Group	Free
Wednesdays	12:30 p.m.	Mahjong	\$3 per person
	January 17, 9 a.m.	C.M.P. Power Hour	Free
Thursdays	12:30 p.m.	Hand & Foot and More	\$3 per person
	12:30 p.m.	Quilting & Sewing	\$3 per person
	January 4, 9:30 a.m.	Medicare 101	\$20 suggested donation
	January 4, 12:30 p.m.	Parkinson Support Group	Free
	January 18, 8 a.m.	★ Veteran's Services	Free
Fridays	10 a.m. - 12:15 p.m.	Spirit Reading	\$25 for 30 minutes
	January 5, 12:30 p.m.	Book Club	\$2 per person

Weather Cancellations & Delays

In the event of bad weather, please call 626-7777 or (800) 639-1553 for a recorded message announcing any agency closings before heading to the Cohen Community Center. Spectrum Generations will announce any delays or closings on our Facebook page as well as: TV Channels 2, 5, 6, 8, or 13 and on FM Radio Stations 92.3, 93.5, 96.7, 97.1, 97.5, 98.5, 101.3, 102.5, 103.3, 104.3, 105.1, 107.9, and AM Radio Station 1160



Spectrum Generations is an Equal Opportunity Provider. Please let us know if you require special accommodations at least two weeks prior to the event.