Cohen Community Center

DINING MENU

December 2021

Lunch is offered to the public 11:30 a.m. to 12:30 p.m. Monday through Friday

Monday	Tuesday	Wednesday	Thursday	Friday
All meals are served with • soup de jour • garden salad • fruit cup • bread and butter • milk, coffee & water		1 Meatloaf Mashed Potatoes Seasonal Vegetables	2 Pulled Pork Corn Bread Seasonal Vegetables The Country Gentlemen	3 Fish Taco Dirty Rice Seasonal Vegetables
6 Chicken Stir—Fry Rice Seasonal Vegetables	7 Roast Pork Baked Potato Seasonal Vegetables	8 Shepard's Pie Seasonal Vegetables Dave Fisher	9 Kielbasa Baked Beans Seasonal Vegetables	10 Shrimp Po Boys Seasonal Vegetables
13 Vegetarian Lasagna Garlic Bread Seasonal Vegetables	14 Sausage & Peppers Mashed Potato Seasonal Vegetables Theresa & Paul	15 Beef Stew Seasonal Vegetables Denny Harnish	16 Ham & Scallop Potato Casserole Seasonal Vegetables The Country Gentlemen	17 Seafood Newberg Seasonal Vegetables
20 BBQ Chicken Mashed Potato Seasonal Vegetables	21 Breakfast for Lunch Seasonal Vegetables	22 Baked Ham Au Gratin Potato Seasonal Vegetables	23 American Chop Suey Seasonal Vegetables	24 CLOSED
27 Pork Tenderloin Mashed Potato Seasonal Vegeta-	28 Sweet & Sour Meatballs Rice Seasonal Vegetables Theresa & Paul	29 Beef Tips Rice Pilaf Seasonal Vegeta-	30 Chicken Pot Pie Seasonal Vegetables	31 CLOSED

Cohen on the Meadows
BANQUETS | CATERING
All proceeds help end senior hunger

Monday through Friday Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of $6.50 is required (unless noted otherwise).

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ACTIVITIES

December 2021

★ Special event/by appointment only

	TIME		ACTIVITY	COST
Mondays	12:30 p.m.		MahJong	$3 per person
	1:00 p.m.		Cribbage	$3 per person
Tuesdays	9:00 a.m.		Rug Hookers	$3 per person
	9:00 a.m.		Wood Carvers	$3 per person
	12:00 p.m.		Family Caregiver Support Group *2nd of each month*	NO COST
	1:00 p.m.		Knitters	$3 per person
Wednesdays	9:00 a.m.—11:00 a.m.	★	Ask the Attorney *2nd & 4th of each month*	FREE 15 minutes
	12:30 p.m.		MahJong	$3 per person
Thursdays	9:30 a.m.	★	Medicare 101 December 2 *only*	$20 suggested donation
Fridays	10:00 a.m.—12:00 p.m		Spirit Reading	$25 for 30 minutes
	12:30 p.m.		Book Club *1st & 3rd of each month*	$2 per person

★ To schedule your appointment call the Cohen Community Center at 207-626-7777

Spectrum Generations is an Equal Opportunity Provider. Please let us know if you require special accommodations at least two weeks prior to the event.